



Irish Life
health

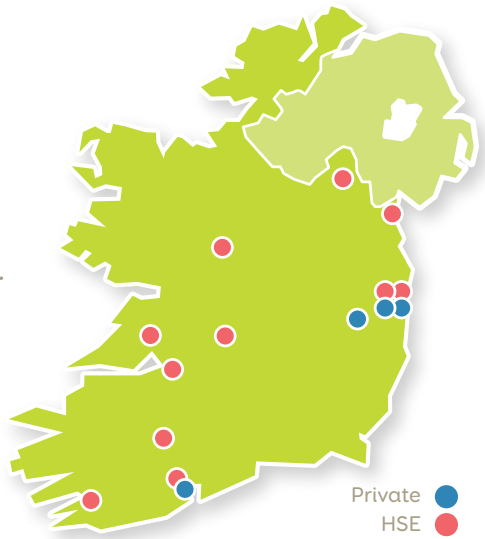


Minor Injury Clinics

Rapid access to efficient
and convenient
treatment and advice

www.irishlifehealth.ie

Minor Injury Clinic



Private ●
HSE ●

Efficient and Convenient

Minor injury clinics give rapid access to efficient and convenient treatment and advice on minor injuries including sports injuries such as fractures and dislocations and illnesses such as fever and infection.

Our approved network of walk-in clinics covers 18 locations nationwide.

County	Clinic
Cork	Affidea ExpressCare, The Elysian
	The Mercy Injury Unit, Gurrabraher
	Mallow Injury Unit, Mallow General Hospital
	Bantry Injury Unit, Bantry General Hospital
Clare	Ennis Injury Unit, Ennis Hospital
Dublin	Affidea ExpressCare, Tallaght, Dublin 24
	Children's Hospital Ireland at Connolly, Blanchardstown, Dublin 15
	Laya Health & Wellbeing Clinic, Cherrywood, Dublin 18
	Mater Smithfield Rapid Injury Clinic, Dublin 7
	St. Columcille's Injury Unit, Loughlinstown
	Affidea ExpressCare Northwood, Santry, Dublin 9
Galway	Laya Health & Wellbeing Clinic, Briarhill, Galway
Kildare	Affidea ExpressCare at Vista Primary Care Centre
Limerick	St. John's Injury Unit, St. John's Hospital
Louth	Dundalk Injury Unit, Louth County Hospital
Monaghan	Monaghan Injury Unit, Monaghan Hospital
Roscommon	Roscommon Injury Unit, Roscommon University Hospital
Tipperary	Nenagh Injury Unit, Tyone

Clinic	Opening Hours
Affidea ExpressCare	Times may vary due to Covid-19 pandemic Affidea Naas is closed until further notice
Laya Health and Wellbeing Clinics	Open 365 days a year 10am to 10pm
CHI Urgent Care Centre	Open 10am to 5pm Mon-Fri
HSE Injury Units	Opening times vary, see hse.ie



What's Treated

Below is a list of the type of issues that are treated in a Minor Injury Clinic. For confirmation that they can treat your injury and any age restrictions, we recommended you check directly with the clinic in advance.

March 2020 Update: Do not present to any Minor Injury Unit if you are displaying respiratory symptoms. Phone your GP instead.

Injury	
Upper Limb Injury	✓
Lower Limb Injury	✓
Minor Head/Facial Injury	✓
Chest Injury*	✓
Sports Injury	✓
Foreign Bodies in Eyes/Ears/Nose*	✓
Wound Care	✓
High Fever, Cold & Flu	✓
Rashes & Skin Infections	✓
Migraines & Headaches*	✓
Insect Bites & Stings	✓
Minor Scalds & Burns	✓

*Assessed on a case by case basis. Severe cases are referred to hospital.

How to Claim

Direct Settlement Minor Injury Clinics

Irish Life Health will pay selected minor injury clinics directly up to the amount detailed on your table of cover for each visit.

This includes cover towards the initial consultation and if deemed necessary the following treatments related to the initial consultation: x-ray, stitching, full cast, temporary cast, splints and crutches.



Pay and Claim Minor Injury Clinics

You will pay the clinic directly and claim back up to the amount detailed on your table of cover.



**Irish Life
health**

Information relating to benefits and cover contained within this document is not conclusive. For full details on what's covered and what's not covered see the relevant Table of Cover and Member Handbook at irishlifehealth.ie.

Information correct as of 12 March 2020.

Irish Life Health dac is regulated by the Central Bank of Ireland.

ILH_50261-20-03